

Top 10 Ways to Improve Your Home's Energy Efficiency

Essential tips to reduce energy bills and enhance indoor comfort

Why Energy Efficiency Matters

Heating and cooling account for **50-70% of your home's energy use**. If your HVAC system is inefficient or your home isn't well-insulated, **you're likely overpaying on energy bills**.

Utilizing these 10 effective energy-saving strategies can help lower costs, ease the burden on your HVAC system, and foster a more comfortable home environment—all without compromising performance.

10 Top 10 Ways to Improve Your Home's Energy Efficiency

1. Seal Air Leaks Around Windows & Doors

Small leaks add up! Use **weatherstripping and caulking** to **prevent conditioned air from escaping**.

2. Upgrade to a Smart Thermostat

A smart thermostat can **cut energy waste by 10-15%** by automatically adjusting temperatures when you're away or asleep.

3. Improve Attic Insulation

Most DFW homes **lack proper attic insulation**, leading to **higher AC and heating costs**. **R-38 insulation** is ideal for the Texas climate.

4. Change Your Air Filters Regularly

Dirty filters **reduce airflow and strain your HVAC system**. Replace them **every 1-3 months** for better efficiency.

5. Use Ceiling Fans to Reduce HVAC Strain

Ceiling fans help **circulate air** and reduce the workload on your AC and heater. **Set fans counterclockwise in summer and clockwise in winter**.

6. Install ENERGY STAR®-Rated HVAC Equipment

If your HVAC system is **10+ years old**, upgrading to a **high-efficiency model** can **reduce energy use by 30-50%**.

7. Close Blinds & Curtains During Peak Sun Hours

Blocking out sunlight **prevents heat gain in summer**, helping your AC run more efficiently. **Use blackout curtains or reflective films** for best results.

8. Schedule Seasonal HVAC Tune-Ups

Regular maintenance keeps your system **running at peak efficiency** and **prevents costly breakdowns**. Schedule **spring AC & fall heating checkups**.

9. Consider a Zoned HVAC System

Zoning systems let you **heat and cool different areas of your home separately**, reducing unnecessary energy use.

10. Take Advantage of Energy Rebates & Tax Credits

There are **local and federal incentives** for upgrading HVAC systems, insulation, and smart thermostats. Green Attics can **help you qualify!**



Pro Tip: Start Small & Build Toward Bigger Savings!

✓ **Step 1:** Make easy, low-cost improvements—**seal leaks, change filters, adjust thermostat settings**.

Step 2: Invest in **insulation and air sealing** for long-term efficiency.

✓ **Step 3:** When ready, **upgrade to ENERGY STAR HVAC systems and smart home tech**.

 **Want expert help? [Contact Green Attics today](#) to schedule an energy consultation!**