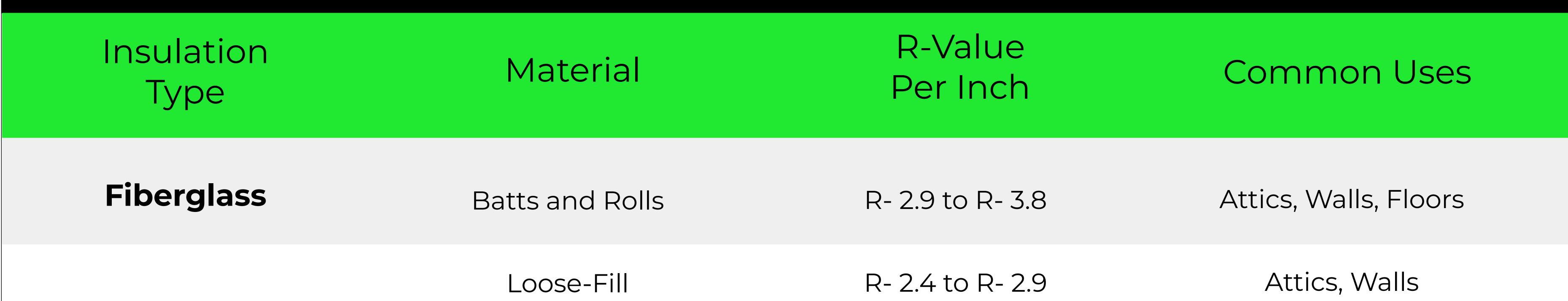
Insulation R-Value Chart





Spray Foam	Open - Cell	Approx. R- 3.5	Walls, Floors
	Closed - Cell	R- 6 - R-7	Attics, Walls, Basements
Cellulose	Loose-Fill	R- 3.1 to R- 3.7	Attics, Walls
Foam Board	Expanded Polystyrene (EPS)	R- 3.6 to R- 4.2	Walls, Floors, Ceilings
	Extruded Polystyrene (XPS)	R- 4.7 to R- 5.0	Basement Walls, Slabs
	Polyisocyanurate, Foil Faced	R- 5.6 to R- 8.0	Attic Rafters, Ductwork
Mineral Wool	Batts and Boards	R- 3.0 to R- 3.3	Walls, Attic, Floors
Natural Fibers	Cotton (Denim)	R- 3.0 to R- 3.7	Attics, Walls,









Insulation

Bubble Foil, Foil Faced Kraft Paper



Attics, Walls, Ceilings